



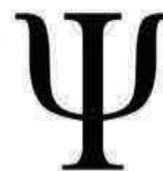
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Volume 1, Issue 1

Psychology Peer

Edited by: Neiry Lara & Stephanie Valenzuela

Got Psychology Mentors?



By: Noor Elbard

Inside this issue:

Got Psychology Mentors?	1
Getting to Know our Mentors!	2-4
Featured Professor	5
Psychology Funnies	6
Clubs	7-8

What can Peer Mentors do for you?

- Homework help
- APA Style help
- Graduate School info
- Undergrad classes
- Psychology major/minor information
- Psychology Clubs

The Psychology Peer Mentors is a student resource center for our psychology students. Peer mentors provide students with psychology related information including graduate school, graduation requirements and homework help in various psychology courses. All of our peer mentors have specific specialties such as APA style writing, SPSS, Statistics, and advice on our favorite professors! For students who are worried about psych-testing, cognitive psychology or specific courses that are known or rumored to be “difficult,” we are here to assist you!

Many of our peer mentors are on the board of multiple psychology clubs on campus. Networking with peer mentors is a great way to participate in PDSA, Psi Chi and maybe become a peer mentor next semester! Not only do we hold office hours but we also provide outreach presentations to colleges and high schools near and outside our Fullerton community. Outreach services supports students with academic information about California State University, Fullerton’s Psychology department and program. Most of our peer mentors are currently applying for graduation school and completing their BA in Psychology. They understand the stressors and exterior pressures in reaching the successful light at the end of the dark tunnel. Psychology peer mentors are all motivated students who are willing and ready to help their peers get through a rough semester!

Getting to know our Peer Mentors.....

By: Noor Elbard

Amanda Iglesias



“I am a senior at CSUF. I have taken many psychology classes; such as, Abnormal, Aging, Forensic, and Social. I have excelled in all of my psychology courses. I have a general knowledge in all main psychology courses. Writing, APA format, SPSS and Excel would be my strongest point. I have recently started using R; I’m slowly getting familiarized with the program.”

Favorite quote: *“There is a huge amount of freedom that comes to you when you take nothing personally.”* –Don Miguel Ruiz

Neiry Lara



“I am a full-time psychology student at California State Fullerton. Currently, I’m a research assistant for Dr. Navarick. We are investigating moral judgment. For my internship, I worked with the elderly that suffered from Alzheimer and other memory debilitating dementia. In addition to school, I have been working part time at a Veterinary hospital since I was 17 years old. I am familiar with SPSS, APA and R. My specialties are Learning & Memory, Cognitive psychology, and Psych Testing.”

Favorite quote: *“Success consists of going from failure to failure without loss of enthusiasm.”* –Winston Churchill

Noor Elbard



“I am a senior at California State Fullerton University. I am currently a full-time student, member of the PDSA, and a peer mentor. My strengths are in English, APA formatting, Social Psychology, Industrial psychology and study skills such as note taking. I’m interested in the field of Adolescent development. I would love to do further research on anti-medication alternative therapy. I’ve taken many psychology courses at California State Fullerton. I am knowledgeable about internship careers, BA requirements and if looking to minor in Psychology.”

Favorite quote: *“The madman is a dreamer awake”* –Sigmund Freud



Brenda Bautista

“I am a 4th year Psychology major with a minor in Human Services. I am graduating May 2015 and currently looking into graduate programs. Some of my interests in psychology include Queer studies, Evolution, and Human Sexuality. I am a membership coordinator for the Society for Interdisciplinary Research on Evolution (SIRE). I look forward to meeting all of the psychology students and offering any assistance in the fields of interest.

Favorite quote: *“Quiet people have the loudest minds.”* –Stephen Hawking



Patrick Durkee

“I am the President of the Society for Interdisciplinary Research on Evolution (SIRE) and working on kissing and Male Intra-sexual competition in Dr. Goetz’s research lab. I’m interested in Evolutionary Psychology, Learning and Memory and Gerontology. My main strengths are writing papers, study help, SPSS, Research Methods, and Psychology of Aging.”

Favorite quote: *“If you're not getting older, you're dead”* - Tom Petty



Maricela Medina

“This is my second year as a peer mentor, I work on reaching out to college communities in our county and I’m also the psychology day coordinator. My top skills are APA style writing, graduate/major/honors advisement and SPSS. I’m interested in Biopsychology, health science, neuroscience, animal behavior and memory.”

Stephanie Valenzuela



“I am a senior majoring in psychology; I am also the ICC rep for SIRE (Society Interdisciplinary Research Evolution). I currently intern at Metropolitan State Hospital working with people that have borderline personality disorder and schizophrenia. I am familiar with SPSS, writing, APA format, abnormal psychology and cognitive psychology.”

Favorite quote: *“Everybody is a genius. But if you judge a fish by its ability to climb a tree, it will live its whole life believing that it is stupid”* –Albert Einstein

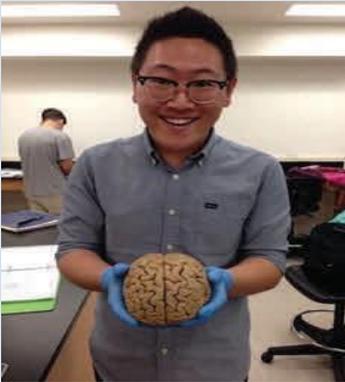
Jennifer Silkenson



“I am a psychology major, graduating fall of 2014. I am a huge sports fan and I live in Huntington Beach. I would like to obtain a position within a company in Human Resources specializing in training in development. I specialize in Industrial Psychology, I’ve taken many classes regarding this subject.”

Favorite quote: *“Do unto others as you’d have done to you”* –Confucius

Jonathon Park



“I am a senior at California State Fullerton University. I will be graduating May 2015. I am the president of PDSA and the Vice President of SIRE. I’m also a research assistant for Dr. Goetz and Trevitt. My interests in psychology revolve around the study of Human Evolutionary behavior, neurology, and Quantitative Analyses. I also specialize in Evolutionary behavior, statistics and Quantitative Analyses.”

Favorite quote: *“We are made of star-stuff. We are a way for the cosmos to know itself.”* –Carl Sagan

Mirtlette Chavez



“Psychology senior graduating Fall 2014, PDSA member and second semester Peer mentor. My specialties and interests in psychology are Industrial/Organizational Psychology, Research Methods, Clinical Psychology, SPSS, and Internship opportunities.”

Favorite Quote: *“The good life is a process, not a state of being. It is a direction, not a destination.”* –Carl Rogers

Arlene Martinez



“I am a full-time student and Psychology major interested in biopsychology. I am the vice president of PDSA, a research assistant, biopsychology lab assistant, and above all – a mother to a beautiful daughter. I specialize in APA, biopsychology and I’m familiar with statistics.”

Favorite quote: *“If the human brain were so simple that we could understand it, we would be so simple that we couldn’t”* –Emerson Pugh

Featured Professor – Dr. Goetz

By Patrick Durkee

As students with ambitions of graduate school and careers, we must recognize that forming academic relationships with faculty is vital to our success and future potential. Cal State Fullerton's plethora of quality faculty can make getting to know individual professors an overwhelming task, but don't fret! Identifying professors that are most active and personable can help narrow down potential faculty members to work with.

Easily one of the most personable and active professors at CSUF, Dr. Goetz (pronounced "Gets") has been teaching at Cal State Fullerton since 2007 and has been an Associate Professor of Psychology since 2011. When asked about what has been the best part of teaching at CSUF, Dr. Goetz stated, "It's the students. Every semester I get to meet students who are either incredibly intelligent or just genuinely good people. Sometimes I see younger versions of myself in some students, and we all know from social psychology the bias that can have. I swear this answer isn't influenced by the fact that this is going in the Peer Mentors newsletter where the primary audience is students." I am inclined to believe him.

Dr. Goetz completed his bachelors in Psychology, with a second concentration in Biology, in 2002 at the University of Texas at Austin. He then went on to earn his Ph.D. in Evolutionary Psychology from Florida Atlantic University in 2007. When describing what stood out about psychology he explained, "Appreciating that humans are just one of millions of species on Earth, I became interested in what constitutes our species-typical design. In other words, I was curious about basic human nature." His numerous publications suggest that he was indeed very curious.

Currently, Dr. Goetz's research interests implement evolutionary theory to examine a wide range of topics in psychology including: sexual coercion in romantic relationships, assessment of infidelity and

formidability, kissing, visible white sclera, and...eyelashes (Confused? Look up honest-signaling). Additionally, he is the academic advisor to both the Psychology Department Student Association (PDSA) and the Society for Interdisciplinary Research on Evolution (SIRE).

When asked about his interests outside of academia, Dr. Goetz revealed, "I'm now a part-time farmer. Seriously. With my wife [Dr. Causey, also a professor at CSUF], I manage an orchard, four dairy goats, and six chickens. I now spend weekends building fences for pasture rotation, rehabbing our soil, learning about nitrogen to carbon ratios for composting, and building mini-barns. I punch anyone in the face who tells me that they're too busy." Let that be a warning to idle students!

Dr. Goetz also confessed an alternative to teaching he might have once considered, "If I weren't a psychology professor, I'd probably be a writer. Maybe a science writer. Probably a failed science writer. I've enjoyed writing since I was kid, and I can remember starting all these little writing projects. When I was really young, I wrote a story about what the future would look like. It was titled "The Fucher" because I was awful at spelling. I'm still an awful speller." Dr. Goetz teaches research methods, evolutionary psychology, and human sexual behavior. Take a class with him if you get the opportunity and, as with any professor, work hard, make a good impression, and see what opportunities result!

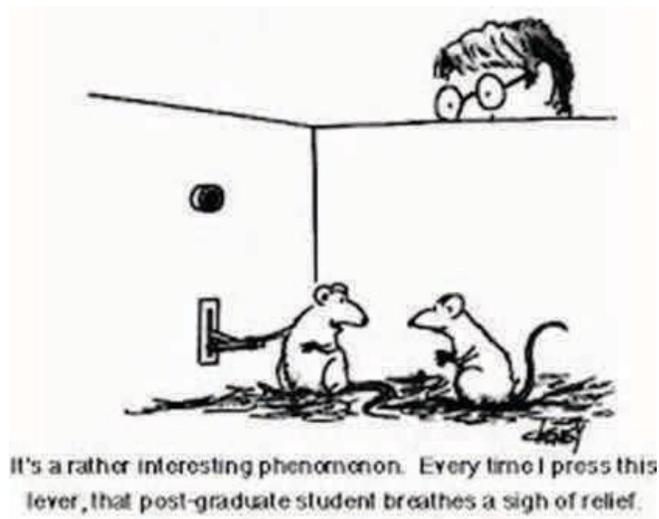


Psychology Funnies

By Amanda Iglesias

How many psychotherapists does it take to change a lightbulb?

Just one, so long as the light bulb **wants** to change



A man was walking in the street one day when he was brutally beaten and robbed. As he lay **unconscious** and bleeding, a psychologist, who happened to be passing by, rushed up to him and exclaimed, "My God! Whoever did this really needs help!"



What's the difference between a psychologist and a magician?

A magician pulls rabbits out of hats, whereas a psychologist pulls habits out of rats.

Psychology Clubs

By Jonathon Park

PDSA

The Psychology Department Student Association (PDSA) is the official departmental organization for Psychology majors at CSUF. The goal of PDSA is to expose students from all majors to the enormous and expansive field of Psychology. This year, PDSA seeks to fulfill its mission by hosting various guest speakers, clinicians, professors, and graduate students to inform students of the various career and educational opportunities that lie ahead of them in the field of Psychology. PDSA will also be hosting several social events where members can network with each other and relax. Meetings for PDSA are every Wednesday from 4:00PM to 5:00PM in H-604. For more information, contact PDSA at:

PDSAatCSUF@gmail.com

<https://www.facebook.com/csu.pdsa>

SIRE

The Society for Interdisciplinary Research in Evolution (SIRE) is an interdisciplinary organization in the Psychology department that seeks to understand human behavior through the use and application of evolutionary theory. Working in close coordination with students from the Biology, Anthropology, and Psychology departments, SIRE seeks to broaden students' understanding of evolutionary theory as it pertains to human behavior. This year, SIRE is planning to host various social events, discuss research articles, and even conduct an empirical study to expose students to the research process. If you are interested in joining SIRE, please contact us at:

SIRE.CSUF@gmail.com

<https://www.facebook.com/sire.csuf>

Clubs Continued...

LSPA

The Latina/o Student Psychological Association was founded in the Spring of 2013 under the advisement of Dr. Cervantes. The primary goal of this club is to help students get into grad school. The club provides workshops to assist students with grad school applications as well as building a CV. The club also attempts to provide a safe environment where students can have discussions, express their interests, and share their ideas.

The club is open to all who are interested. The meetings are held every Tuesday at 6pm in H-412. For more information, you can contact Paula Sandoval.

Email: psandoval@csu.fullerton.edu

Facebook: <https://www.facebook.com/lspa.csuf>



Where am I?

Psychology Peer Mentors Office.....	H-525B
Psychology Department Office.....	H-830M
Advisement Office.....	H-830J
Psychology Lounge.....	H-525B
Psychology Computer Lab.....	H-607
Graduate Office.....	H-835N

Peer Mentors Office Hours

	Monday	Tuesday	Wednesday	Thursday
8:00-8:30				
8:30-9:00				
9:00-9:30				Jennifer
9:30-10:00				Jennifer
10:00-10:30		Stephanie		Jennifer
10:30-11:00		Stephanie		Jennifer
11:00-11:30		Patrick/Noor	Amanda/Mirlette	
11:30-12:00		Patrick/Noor	Amanda/Mirlette	
12:00-12:30		Jonathan/Noor	Amanda	Neiry
12:30-1:00		Jonathan/Noor	Amanda	Neiry
1:00-1:30		Arlene/Noor		Neiry
1:30-2:00		Arlene/Noor		Neiry
2:00-2:30		Arlene/Noor		Neiry
2:30-3:00		Arlene/Noor		Neiry
3:00-3:30		Amanda		Neiry
3:30-4:00		Amanda		Neiry
4:00-4:30		Brenda		
4:30-5:00		Brenda		
5:00-5:30				
5:30-6:00				