

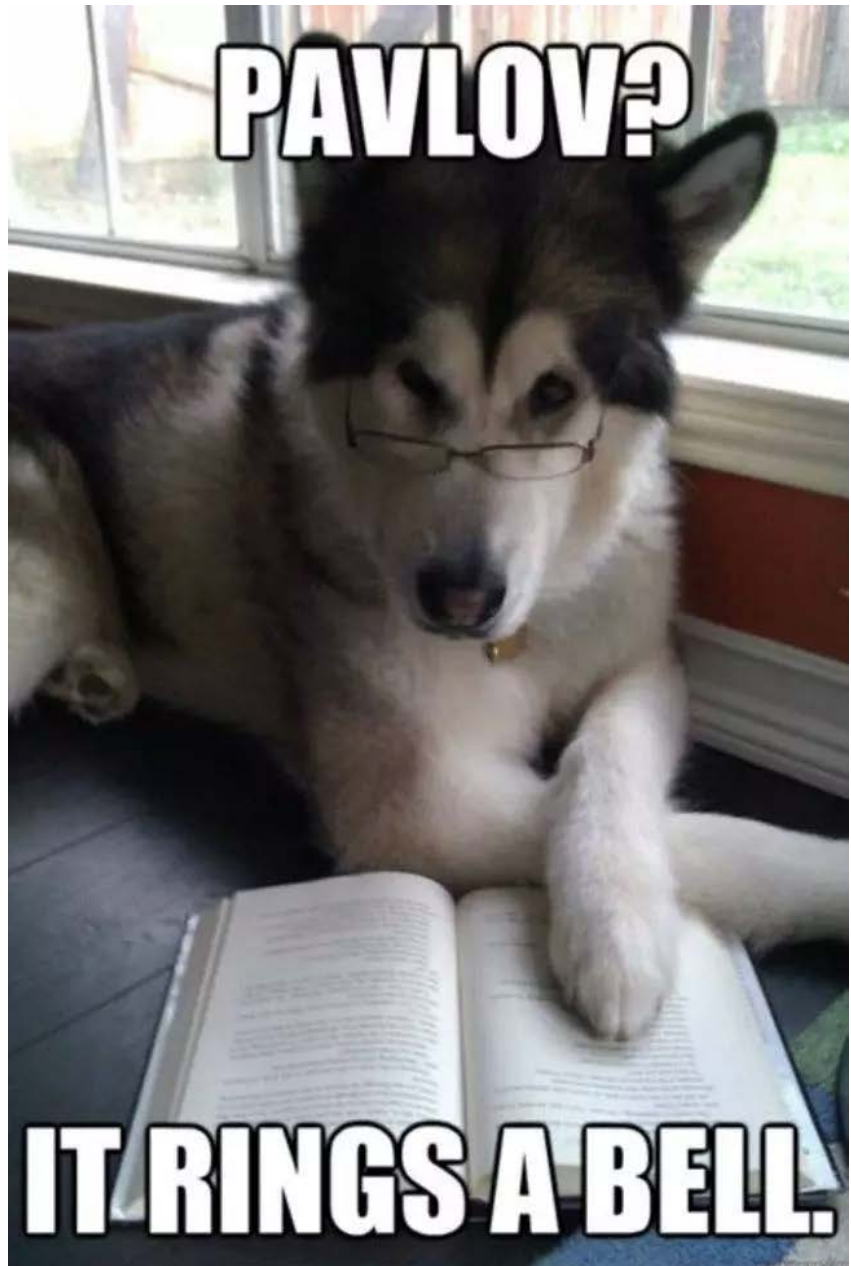


Psychology Newsletter

October Edition, 2017

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Co-Editors-in-Chief: Janet Garcia & Jenny Young
Authors: Frank Reyes, Kelcey Khen, Yuliana Fernandez,
& Mary Brown

Careers in Behavioral Therapy

Mary Brown

More and more I have been asked the question, what do I want to focus on in psychology? My answer took, and is still taking a lot of soul searching, but I have finally decided that I want to be a behavioral therapist.

A behavioral therapist is person who works in one-on-one and group settings, diagnosing individuals with a variety of behavioral mental disorders including Autism Spectrum Disorder (ASD) and schizophrenia. They also provide individuals with therapeutic methodologies to help them cope with personal issues that hinder everyday life.

There are a variety of job choices and careers within the field of behavioral therapy, in addition to different behavioral therapy licensures and certifications that can be obtained along the way. Where I started was at the very bottom, in Behavioral Respite.

Behavioral Respite is provided to consumers with behavioral disorders, mostly ASD. Respite is preferred tasks, meaning that there is no teaching and that you are in a sense, having fun with the client. There is no experience needed to work in behavioral respite as a care provider however staff will be trained in Crisis Prevention Intervention (CPI). The average wage is \$11 - \$14 an hour based upon experience.

Another position that does not require experience, but it is preferred, is ABA Therapists. ABA stands for applied behavioral analysis and ABA therapists work with ASD consumers and other developmental disorders. In a one-on-one setting ABA therapists help reinforce positive, learned behaviors by placing demands on the client. At least an associate's degree is required but the average median salary is \$36,000 a year. Some ABA therapists choose to become certified in a voluntary process. One certification is the Registered Behavior Technician (RBT), it requires 40 hours of training in addition to passing a competency assessment and exam. Another certificate is Board Certified Assistant Behavior Analyst (BCaBA), this certification requires a bachelor's degree and 80 hours of training in addition to a supervised practical exam.

After a graduate program one can become a BCBA (Board certified Behavioral Analysis). It requires a master's degree in ABA, Psychology or Counseling and is a hands-on position that works one on one with consumers to teach learned tasks and preferred behaviors. The average salary for a BCBA in California is \$80,000 per year.

Careers in Behavioral Therapy cont.

Another position that a person can get after a master's program is Cognitive behavioral therapist (CBT). These individuals work on short term solutions for long term problems in dire situations to help improve life situations. The average salary for a CBT up to \$80,000 per year.

One pathway that people choose to take after receiving their CBT in behavioral therapy is Dialectical Behavior Therapy. Dialectical behavior therapy is a form of cognitive-behavior therapy in which you work with patients in three ways: group therapy, one-on-one therapy, and at-home phone calls from therapists. People who specialize here can make up to \$100,000 per year.

There are also Doctorate level positions that can be obtained in behavioral therapy. A PsyD can be received in applied behavioral analysis. Schools that offer that focus however are very rare. But the average salary of a doctorate level behavioral therapist is about \$150,000 a year or more.

You can also get a PhD in clinical psychology to become a psychologist that

focuses mainly on behavioral therapy. This is also known as a behavioral psychologist. The average salary can be up to \$123,000 per year.

A great resource to find out information for positions that might interest you is the regional center of Orange County (www.rcocdd.com/). There are many positions to be had with or without degrees providing service to children, adults and the elderly.

Behavioral therapy is applied in a number of settings. For example, you could get a position working for the government, or school systems. Or you could work for a private company. There are many different options.

In Psychology the options are limitless but knowing a little bit more about what is available is always helpful. I fell into my career and I love every minute of it. I get to help individuals have a better quality of life and families work together to grow.

DEBATE EVENT

Frank Reyes

It seems that someone is always trying to tell us how to live our lives. Legislators, philosophers, religious figures, and even parents. All of these groups have different opinions on what we should or shouldn't. It's enough to make your head spin. Sometimes, we just need to get away from all of the noise and form our own opinion. Sometimes, all we need is to be bold and tell the world what's what (yes, I am having chocolate cupcakes for dinner Mom, I'm an adult!).

Make your stand against this cold and intrusive world by coming out to a thrilling debate on the issues of morality. CSUF alumnus and founder of Skeptic magazine Dr. Michael Shermer will come to present his case that science has the solution to moral dilemmas. Presenting contrasting perspectives from Philosophy and Psychology will be Dr. Ryan Nichols and Dr. Douglas Navarick, respectively. See these legendary titans of academia verbally duke it out. Moderating the discussion will be Jesse Dollemore and Brittany Page, co-hosts of the popular podcast "I Doubt it with Dollemore." Not only will you, the astute audience member, have a chance to comment and ask questions, but there will be light

refreshments and a book-signing by Dr. Shermer after the discussion.

So, feel free to come out and enjoy a stimulating debate, hosted by your very own CSUF Psi Chi. What can go wrong? At the very worst, you will leave the event as a more enlightened and erudite individual. You will be able to engage others in thought-provoking conversations. You will probably become the life of any party with your newfound knowledge on the nature of morality. On the other hand, you might plummet into an existential crisis as the very foundation of your so-called character and everything you thought you stood for is questioned and eviscerated. Either way, the limits of your mind will be pushed and tested, and you will come out as a changed and better person.

Don't miss this (free-of-charge) debate on October 19th, 7:30 p.m. in our very own TSU Theater. Visit dollemore.com/events for more information and to RSVP.

Solving Moral Dilemmas

How Do We Know What's Right?

Abortion, euthanasia, organ donation...Can science tell us what we ought to do? The panel will debate claims in recent books that science has discovered objective (absolute) moral principles purely within a naturalist framework—without the guidance of any religious ideology or philosophy.

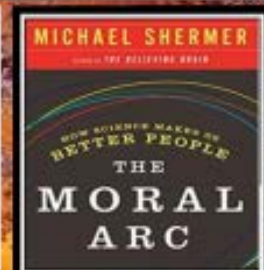
Dr. Michael Shermer, the author of one of those books ("The Moral Arc") will present his case. Dr. Douglas Navarick, Professor of Psychology and Dr. Ryan Nichols, Associate Professor of Philosophy, will present alternative views, and members of the audience will also have an opportunity to comment and ask questions.

Following the panel discussion, free refreshments will be served and Dr. Shermer will be available to sign copies of his book (if you don't already have a copy, they'll be available for sale at the event and at the bookstore).

When: Thursday, October 19, 7:30pm
Where: CSUF Titan Student Union Theater
Free and Open to the Public



DR. MICHAEL SHERMER



DR. DOUGLAS NAVARICK



DR. RYAN NICHOLS

Moderating the discussion will be Jesse Dollemore and Brittany Page, co-hosts of the popular podcast "I Doubt It with Dollemore"



Click on the above image or visit:
dollemore.com/events
for more information and to RSVP.

This entire event will be recorded on audio and made available on a podcast.

Discussion: 7:30 - 8:45pm

Refreshments and book-signing:
8:45 - 9:30 pm



THIS EVENT IS HOSTED BY PSI CHI, THE PSYCHOLOGY DEPARTMENT'S CHAPTER OF THE INTERNATIONAL HONOR SOCIETY IN PSYCHOLOGY

Psychology Clubs and Upcoming Events



PDSA (Psychology Department Student Association)

Upcoming Events: 4 p.m.- 5 p.m.

October 18, 2017: CV workshop located at the Legislative Chambers (TSU second floor)

October 25, 2017: Game Night located at Heterbrink AB (TSU)

November 1, 2017: Forensic psychologist speaker located at the Titan Theater



Psi Chi (The International Honor Society in Psychology)

Upcoming Events:

October 19, 2017: "Solving Moral Dilemmas" located at the TSU Theater

November- (Date and time TBA): "Induction Ceremony"

- Applications are still being accepted
- Application Deadline: November 10th 2017
- Applications located at the psychology department office H-830M



Aware (Adults Who Are Returning To Education)

• Aware is a student organization for non-tradition students (students who work full time, military veteran, parent/guardian, returning/transfer students, etc.)

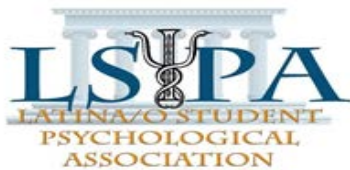
• Network and be a part of the CSUF community!

• Email: awarecsuf@gmail.com

Upcoming Events:

October 20, 2017: The CSUF Career Center presents- Salary Negotiation Workshop located at University Hall- 205 from 12 p.m.- 1 p.m.

October 20, 2017: Halloween Social at Oggi's (2585 East Chapman Ave, Fullerton, CA 92831) from 6 p.m.- 10 p.m



LSPA (Latinx Student Psychological Association)

Upcoming Events:

3 p.m.- 4 p.m.

October 17 2017: Graduate School Panel located at Ontiveros AB (TSU)

October 31, 2017: Unity Event located at the CSUF Quad

Upcoming Events



THE CSUF CAREER CENTER PRESENTS

Salary Negotiation Workshop

OCTOBER 20, 2017

12PM - 1PM • UNIVERSITY HALL ROOM 205

 /AWARE.CSUF

 @AWARECSUF




PAID MEMBERS WEARING A MASK OR COSTUME WILL BE ENTERED INTO AN OPPORTUNITY DRAWING

HALLOWEEN SOCIAL

OCTOBER 20, 6PM-10PM

Join AWARE at Oggi's
2585 East Chapman Ave, Fullerton, CA 92831

QUESTIONS? EMAIL AWARECSUF@GMAIL.COM



2017 OCTOBER 20, 2017



UNITY BLOCK PARTY

CSUF STANDS AGAINST HATE

TUESDAY
OCTOBER 31, 2017
CSU FULLERTON
CENTRAL QUAD
2PM-8PM

JOIN US FOR A PEACEFUL PARTY TO CELEBRATE DIVERSITY, COMMUNITY, AND EDUCATION.

FEATURING	ORGANIZATIONS
<ul style="list-style-type: none"> • SOCIAL JUSTICE TEACH-INS • LIVE MUSIC • TABLING FROM ON-CAMPUS AND COMMUNITY ORGS • SPEAKERS • FOOD 	<ul style="list-style-type: none"> M.E.Ch.A. QTPOC OC AFFIRM OC GRADS TO BE OC IMMIGRANT YOUTH UNITED MUSLIM STUDENT ASSOCIATION WOMEN AND GENDER STUDIES STUDENT ASSOCIATION & MORE

 @csuf_sqe_official

 SQE Fullerton

 @CSUF_SQE



Professor Spotlight:

Professor Madracki

Yuliana Fernandez & Frank Reyes

Professor Madracki is a fun and intelligent individual who always makes her classes interesting. She has worked at Cal State Fullerton since 2012. The first class she taught here was Psych 341 (Abnormal Psychology), but has also taught Psych 331 (Personality), Psych 481 (Clinical), Psych 495 (Internship), Psych 549 (Marriage, Family, and Child Therapy), and will be teaching Psych 569 this Spring Semester, which is Cross-Cultural Psychology. Her favorite classes to teach have been Clinical Psych and Abnormal Psych, but she doesn't get to teach Abnormal as much. Thus, her current favorite is Clinical Psych, but she loves all her students the same.

BACKGROUND

To get where she is now, she attended Santiago Canyon College for her first two years and transferred in as a junior to Cal State Fullerton, where she earned her B.A. in Psychology. She then got accepted into the Master's program here and completed a Master of Science in Clinical Psychology. The reason she got into Psychology was because she used to be in accounting in a business setting and didn't find it fulfilling. She decided she wanted to do something where she made a difference and helped people, so she decided Psychology was the best fit for her.

PRIVATE PRACTICE

Aside from teaching at Cal State Fullerton, Professor Madracki has her own private practice. She has her MFT license and uses both CBT (Cognitive Behavioral Therapy) and something called DBT (Dialectical Behavior Therapy) with her patients. She works with children, adolescents, teens, adults, couples, individuals, and everything that walks through her door. Primarily, she works with people with anxiety, depression, and personality disorders. She works a lot with people with Narcissistic Personality Disorder and Borderline Personality Disorder.



- Favorite Quote: "Any fool can make something complicated, it takes a genius to make it simple." - Woody Guthrie

HOBBIES/INTERESTS OUTSIDE ACADEMIA

Outside of academia, she focuses on her family. She has a two and a half year old daughter. She also enjoys sewing, crocheting, quilting, and hiking. She likes hockey and is a GIGANTIC LA Kings fan.

ADVICE FOR STUDENTS THINKING OF GRAD SCHOOL

1. Take Psych 481 because part of that class is putting together a professional portfolio so you are ready to apply to grad school.
2. Make friends with teachers
3. Find some people that are going to be resources for you
4. Get all the research and clinical experience you can.
5. Good supervision is more valuable than getting paid to do stuff. Anyone can pay you, but having a good supervisor, a good mentor is invaluable at this point
6. Don't get a DUI
7. Look both ways before you cross the street.

FUN FACT

She is able to write backwards.

Peer Mentor Fall Office Hours

	Monday	Tuesday	Wednesday	Thursday
8:00-8:30 AM		Jenny		
8:30-9:00 AM		Jenny		Melissa G.
9:00-9:30 AM				Melissa G. / Ruben
9:30-10:00 AM	Yuliana			Ruben
10:00-10:30 AM	Yuliana	Jenny	John	Kelcey
10:30-11:00 AM	Yuliana	Jenny	John	Kelcey
11:00-11:30 AM	Yuliana	Jimmy	Brandon	Kelcey
11:30-12:00 PM	Mimi	Jimmy	Brandon	Kelcey
12:00-12:30 PM	Dillon/Janet	Frank/Jennifer	Brandon	Kelcey
12:30-1:00 PM	Dillon/Janet	Frank/Jennifer	Brandon	Kelcey
1:00-1:30 PM	Janet	Frank/Jennifer	Brandon	Frank/Melissa S.
1:30-2:00 PM	Janet	Frank/Jennifer	Mimi	Frank/Melissa S.
2:00-2:30 PM	Melissa S.	Mary	Mimi	Nancy
2:30-3:00 PM	Melissa S.	Mary	Mimi	Nancy
3:00-3:30 PM	Mary	Mary	Mary	
3:30-4:00 PM	Mary	Mary	Mary	
4:00-4:30 PM	Ruben			
4:30-5:00 PM	Ruben			

Need Help with a specific course? Here is who might assist you best:

Intro/Intermediate Stats & Research Methods: Frank, Jenny, Jennifer, Dillon, John, Melissa G., Mary, Brandon, Mimi, & Jimmy

Advanced Stats: Jenny & Jimmy

Biopsych: Frank, Jenny, Jennifer, Mary, and Melissa S.

Cognitive Psych: Jenny, Nancy, Melissa G., & Kelcey

Psych Testing & Assessment: Frank & Jenny

Clinical Psych: Yuliana

APA Formatting: Frank, Jenny, Jennifer, Dillon, & Yuliana Graduate Programs:
Jenny & Jimmy

Campus Resources

Academic Advisement Center	(657) 278-3606	UH-123B
C.A.P.S	(657) 278-3040	Between KHS&ECS Buildings
Career Center	(657) 278-3121	LH-210G
Health Center	(657) 278-2800	Between KHS&ECS Buildings
Internship Office	(657) 278-3746	LH-206
Peer Mentors Office	(657) 278-7538	H-525B
Psychology Advisement Office	(657) 278-3102	H-830J
Women's Center	(657) 278-3928	UH-205
Writing Center	(657) 278-3650	Pollack Library