

# Psychology Peer Mentor Newsletter

Editor: Alysia Chavez

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### **Contact Us**

Visit:

H-525B

(inside psych lounge)

Email:

CSUFPeerMentors@gmail.com

Instagram:

@CSUFPsychPeerMentors

Website:

<http://psych.fullerton.edu/pm12/>

**Walk-Ins Welcome!**

## **Welcome to the Fall 2019 semester at CSUF!**

Whether you are a new or returning student, the peer mentors are here to assist you!

We can help with a range of things:

- General Psychology Q's
- APA Formatting
- Major/Minor Requirements
- Grad School Q's
- Psychology Clubs
- Psychology Degrees
- Internship & Research
- Future Class Advisement
- Psychology Careers

While all peer mentors are available to assist with lower division courses, each mentor has a list of upper division subjects in which they specialize.

**Continue to meet your peer mentors!**

## Fall 2019 Peer Mentors!



### **Andrea Dinh**

Hi! My name is Andrea Dinh and I am a fourth year psychology major. I am currently working with children with Autism as a behavior technician. My goal after I graduate from California State University, Fullerton is to earn a Master's degree in Occupational Therapy to become a pediatric occupational therapist. I enjoy spending time with my friends and family, watching movies, and painting. I can best assist students with:

Introductory psychology, developmental psychology, abnormal psychology, social psychology, and learning and memory.

### **Ha Nguyen**

Hey there! My name is Ha Nguyen and I am currently a fourth year psychology major and health science minor. I will be graduating in Fall 2019 and I plan to apply for graduate schools in human factors and ergonomics psychology, focusing on worksite injury prevention and overall safety/equipment usability in healthcare environments or military research. Outside of schoolwork, I enjoy eating food, taking naps, and watching dog video compilations. I can help with:

APA formatting, statistics, abnormal, biopsychology lecture, cognitive, social, personality, general internship to graduate school planning and advice, research



### **Jessica Adams**

Hi there! My name is Jessica Adams and I am a Senior, majoring in Psychology and minoring in Criminal Justice. I enjoy being a nerd, eating food, and watching serial killer documentaries on Netflix. I have two Basset Hound/Beagle/Dachshund mixes and too many pictures to share. I hope to pursue a career in Clinical Counseling to hopefully work in the field of Court-Mandated therapy.

I can best assist in the fields of:

Abnormal, Intermediate Statistics, Sensation and Perception, Cognitive Psych, and general psychology questions. I look forward to seeing you all in the Peer Mentor Office!

## Fall 2019 Peer Mentors!



### **Derek Cook**

Hello! My name is Derek Cook and I am finishing my last semester as a psychology major. I have a passion for travelling and love being near the ocean.

I can best assist you in:

Abnormal psychology, social psychology, APA writing assignments, and general psychology.

### **Katarina Avalos**

Hello! My name is Katarina Avalos and I graduated with my bachelors in psychology from CSUF last semester. I am sticking around campus to gain more experience within this field before I pursue my masters in Clinical Psychology. I currently work as a behavioral technician and I am also a research assistant in Dr. Peissig's vision lab. You can find me around campus drinking starbucks, pretending to be a real student.

I can best assist you with:

Comparative animal behavior, learning and memory, and psychological testing and assessment. Looking forward to meeting you!



### **Courtney Scaramella**

Hi! My name is Courtney Scaramella and I am currently an M.A. student here in the Psychology Department (I completed my B.A. here as well). As I continue to pursue my education in Psychology, my particular areas of interest are Cognitive Neuroscience and the biological processes behind Learning & Memory. I currently work full time with children and young adults with Autism, so in the future, I hope to be able to utilize this knowledge to study the neural mechanisms associated with Autism in greater depth. Hope to see you so we can talk Psych!

## Fall 2019 Peer Mentors!



**Vanessa Garcia**

Greetings! My name is Vanessa Garcia and I am in my last semester at CSUF as a Psychology major. I plan on pursuing a Master's degree in Clinical Psychology and becoming a licensed therapist. I love participating in all outdoor activities, and spend a lot of free time trying to find new music and cheap concerts. Courses that I can best assist with include Abnormal Psychology, Developmental Psychology, APA Formatting, Biopsychology, Intermediate Statistics. I am also always open to discussing any topic, and working together to come up with a solution. Best of luck this Fall Semester. (^:

**Lisa Nguyen**

Hello, everyone! My name is Lisa Nguyen. I am currently in my senior year at California State University Fullerton. I am working on completing my Bachelors of Arts degree in Psychology and a minor degree in Criminal Justice. My hobbies are listening to music, watching my favorite t.v shows, and eating food. I can help with comparative animal behavioral psychology, survey of clinical psychology, introduction of psychology, and APA formatting.



**Alysia Chavez**

Hey! My name is Alysia and I am a psych major. The goal is to graduate in Spring of 2020! I plan on taking a year off to work and build my resume after graduation. My career goal includes becoming a professor and maaaaaybe even getting my PsyD or PhD. I've always wanted to do research but lately teaching has been calling me. Some of my hobbies include live music, hitting up Disneyland, finding new places to eat, and your overall adventuring. Some subjects I can assist in include: APA formatting & grammar, abnormal psychology, cognitive psychology, personality of psych, and stats.



## Fall 2019 Peer Mentors!



### Wendy Chuandra

Hi! My name is Wendy Chuandra, I am a Psychology major, and I will be graduating from CSUF in Spring 2020! After I graduate, After I take a gap year, I plan to pursue a Master's degree in Counseling, and eventually become a licensed Marriage and Family Therapist. Some of my hobbies include singing, writing, playing video games, and cooking. I also enjoy spending time with my loved ones, and playing with my dog (a small and grumpy Maltese).

I can best assist with:

Introductory statistics, introductory psychology, developmental psychology, basic techniques of counseling, and proofreading papers.

### Varvara Gulina

Hello! My name is Varvara (I also go by Barbara), and I am a third-year psychology student. After acquiring my B.A. in psychology I plan to pursue a Masters of Social Work and/or a Ph.D. in psychology. My goal is to design educational programs and conduct research that will help shed light on the societal and emotional challenges that women, in particular, experience. As an advocate for both women and girls, it is my passion to inspire and bring about positive changes in the lives of others. In addition to being a mother, I am also a singer, mermaid, and a Disney Princess!

I am well equipped to assist you with many classes such as:

Research methods, introduction to psychology, biological psychology, and statistics. Writing is one of my biggest strengths!



### Claudia Bobadilla

Hello! My name is Claudia Bobadilla and I am a graduate student in the MA Psychological Research Program. After my master's, I plan to apply to a Ph.D. program within the field of neuroscience/behavioral neuroscience. On the other hand, I love listening to electro swing and indie pop music, exploring the city of LA, writing, reading poetry, and indulging into the arts. I also love trying new foods and I enjoy spending time with my dog Cookie.

I can best assist you in:

Biopsychology, health psychology, and I may be able to assist in statistics.

Additionally, I can help with essays! Feel free to ask me any questions, and I will help you to the best of my ability. Have a great semester!

## Peer Mentor Schedule

	Monday	Tuesday	Wednesday	Thursday
8am-9am		Katarina A.		Barbara G. (8:30 AM) / Claudia B.
9am-10am	Wendy C.	N/A	Katarina A. (9:30 AM)	Ha N. / Claudia B. / Barbara G. (til 9:30 AM)
10am-11am		Ha N. / Alysia C.	Katarina A.	Derek C.
11am-12pm	Vanessa G.	Ha N. / Alysia C (til 11:15 AM)	Ha N.	Derek C. / Vanessa G. (11:30 AM)
12pm-1pm		Ha N. / Derek C.	Ha N. (til 12:30 PM)	Vanessa G. / Courtney S.
1pm-2pm	Jessica A.	Andrea D.		Andrea D.
2pm-3pm	Wendy C.	Andrea D. / Lisa N. (2:30 PM)	Lisa N. (2:30 PM)	Lisa N. (2:30 PM)
3pm-4pm		Lisa N. (til 3:30 PM)	Lisa N. (til 3:30 PM)	Andrea D. / Lisa N. (til 3:30 PM)
4pm-5pm				Andrea D. (til 4:30 PM)

### Specialties:

#### Intro/Intermediate Stats & Research Methods (201, 202, 300):

Alysia, Vanessa, Jessica, Claudia

#### Learning & Memory (302):

Courtney, Andrea, Katarina

#### Sensation & Perception (303):

Ha, Jessica

#### Comparative Animal Behavior (304):

Katarina, Lisa

#### Cognitive Psychology (305):

Courtney, Ha, Jessica

#### Social Psychology (351):

Derek, Andrea, Ha

#### BioPsychology (306):

Ha (Lecture), Lisa, Vanessa, Claudia

#### Psychology of Personality (331):

Alysia, Ha, Lisa

#### Abnormal Psychology (341):

Alysia, Ha, Vanessa, Jessica

#### Developmental Psychology (361):

Andrea, Lisa, Vanessa

#### Psychological Testing and Assessment (461):

Katarina

If there is an additional 300 or 400 level class that you have questions about, but isn't specifically listed here, please stop by our office hours or email the peer mentors for guidance or assistance.

## Study Skills Workshops



**Psychology Peer Mentors**

**STUDY SKILLS WORKSHOP**

Wednesday September 18, 2019 @ 1PM - 2 PM,  
Humanities 606

Thursday September 19, 2019 @ 11:30 AM - 12:30 PM,  
Humanities 606

Wednesday November 6, 2019 @ 1PM - 2PM,  
Humanities 606

Thursday November 7, 2019 @ 11:30AM - 12:30 PM,  
Humanities 622

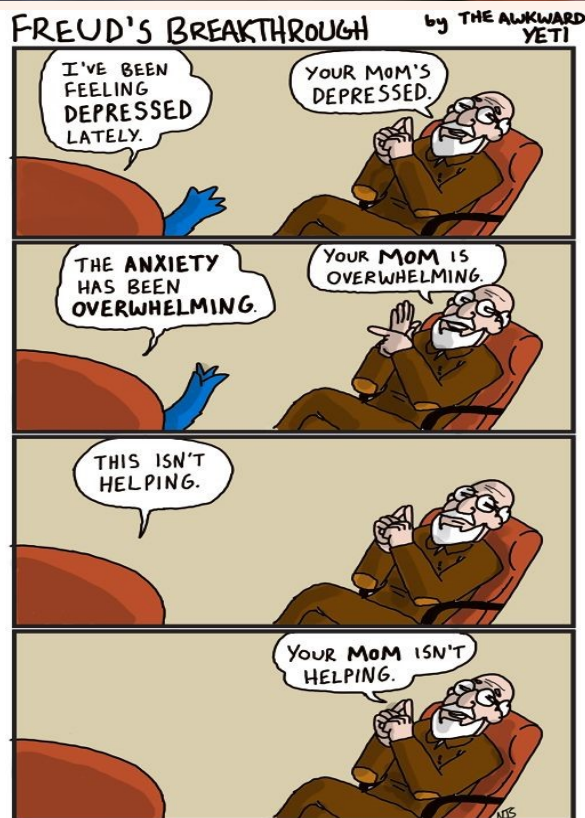
Come join us and learn a new skill!!!

### Our Advisor



#### Dr. Kristin Beals

I received my PhD from UCLA in 2003. I joined the faculty at CSUF in 2005. I have recently been honored by CSUF Alumni as the 2006-2007 Outstanding Faculty Service Award.





## Resources

<u>Resource</u>	<u>Phone</u>	<u>Location</u>
Academic Advisement Center	(657) 278-3606	UH-123B
C.A.P.S (counseling services)	(657) 278-3040	Student Wellness (SHCC-East)
Career Center	(657) 278-3121	LH-208
Health Center	(657) 278-2800	Student Wellness (SHCC-West)
CICE (Internship Office)	(657) 278-3746	LH-206
Peer Mentor Office	(657) 278-7538	H-525B
Psychology Advisement Office	(657) 278-3102	H-830J
WoMen's Center	(657) 278-3928	UH-205
Adult Reentry Center	(657) 278-3928	UH-205
Writing Center	(657) 278-3650	Pollack Library, North First Floor

