



Psychology Peer Mentors



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What is Psychology Peer Mentors?

By: Edwin Ocampo

The Psychology Peer Mentors program is a student resource that provides students with help in graduate school, graduation requirements, homework assignments, and APA style writing. Peer Mentors also provides outreach services to colleges and high schools in the surrounding communities. Outreach serves to

provide students with information about Peer Mentors and allows them to openly ask questions to the Peer Mentors. In past college and high school outreaches, questions have ranged anywhere personal experiences to other academic and Psychology related topics. One of the benefits of having Peer Mentors

consist of both graduate and undergraduate students is that the information they are providing typically directly pertains to what students are currently experiencing. Therefore, while Peer Mentors consists of a variety of different students, they all share one goal: they all want to help students just like YOU!

Meet the Fall 2012 Psychology Peer Mentors

Row 1: (From Left to Right) Emmanuel "Brian" Dizon, Stacy Rusu, Daniela Barragan, Jose Quiroz, Maria Lemus
 Row 2: (From Left to Right) Allina Babur, Zahra Ahmady, Melanie Gonzalez, Janelle Saenz, Edwin Ocampo
 Not in the picture: Masako Ura, Tina Fey



Newsletter Editor: Brian Dizon
 Newsletter Designer: Brian Dizon
 Advisor: Dr. Beals

Peer Mentors can help you with:

- APA Style Writing
- Psychology Major/Minor Requirements
- Graduate School Information
- General Information
- Homework Help (Specific questions)

What Students Should Know and Do Before Seeing Us

By: Brian Dizon

As Peer Mentors of Fall 2012, we appreciate that students come to see us for information about graduate school, Psychology major/minor requirements, and many more. This semester, more students come to our office hours than the previous semesters. Our efforts to spread the word that we exist to provide resources were a success and as a result, our words reached many students. However, with the increasing number of students visiting our office hours, we have decided to provide you some information of what students should know and what students should do before seeing Peer Mentors.

What Students Should Know About Us
Students should know that Psychology Peer Mentors is NOT only a tutoring service. We provide a variety of information to students (e.g., graduate school, psychology degrees, and types of jobs available, APA style writing). Although we help students with their homework assignments in elementary statistics, research methods and computer applications, it is not our responsibility to complete their assignments with them. We highly encourage students to form study groups to complete their assignments and study for their exams. We recommend that they should also ask help from their professors.

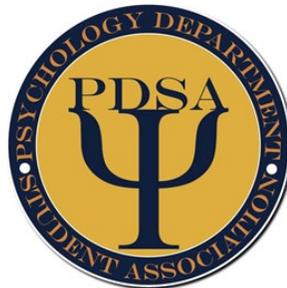
What Students Should Do Before Seeing Us

Students should bring their TDA (Titan Degree Audit) if they have questions about graduation or whether they are taking the correct courses because it will help us know what they need. For academic papers, students should bring their rough draft and grading rubric to so we can give them feedback based on what their professors required. For statistics, research methods, and computer applications, students should bring all relevant notes and textbooks. We recommend that students worked on or completed their homework assignment. We also note that is unlikely for us to complete their homework assignments with them because our office hours is limited and we have to help other students who are waiting in line.

Psychology Clubs Spotlight: PDSA

By: Brian Dizon

The Psychology Department Student Association (PDSA) was founded in 1973 and is the departmental club for psychology majors and minors. The purpose of PDSA is to assist all psychology students in achieving their academic goals while attending CSUF. PDSA presents workshops, collo-



quiums, speakers, community services opportunities, and fun activities throughout the year. Some of the events planned for this

academic year included: bowling

night, graduate school prep workshop, NAMI walk, movie night, Let's Make a Deal Fundraiser, and more. PDSA contributes to our CSUF Psychology Department's Annual Psychology Day by sponsoring a panel discussion on psychology degrees and careers. To learn more about PDSA, membership, and awards, visit their website at <http://psych.fullerton.edu/PDSA/index.htm>. Come to the events and participate!

Psychology Clubs Spotlight: Psi Chi

By: Maria Lemus

Psi Chi is the International Honor Society in Psychology. Membership is open to graduate and undergraduate students who are either a psychology major or minor and meet the minimum qualifications. There are many benefits to being a member of Psi Chi! Besides networking with other CSUF

psychology students, you have access to an international network! Psi Chi offers grants and scholarships, shows at conferences, and so much more. However, Psi Chi welcomes all students, members and non-members to their events. To learn more visit our website at psych.fullerton.edu/psichi/.



Featured Professor of the Month: Professor Timothy Tran

By: Melanie Gonzalez

Prof. Timothy Tran prefers teaching at Cal State Fullerton (CSUF) for one main reason:

“To me, this is home.”

Prof. Tran began working at CSUF in spring semester of 2005. He taught several Psychology classes over the years. Prof. Tran graduated in Cal State Long Beach, where he received his Bachelor's Degree in Psychology. He then moved on to CSUF, where he received his Master's Degree in Clinical Psychology. Prof. Tran then went on to receive his Doctorate in Psychology (PsyD) from Loma Linda University.

When asked about his experience as a graduate student at CSUF, Prof. Tran states: “The Clinical Psychology program at CSUF is one of the best programs...I really enjoyed my experience here. I believe the education I received here was amazing. I felt like I acquired really good skills from the teach-



ers and classes here...I felt I had more knowledge and more skill sets than my peers at Loma Linda University. I completed my internship at the Orange County Police Department, where I performed therapy. The sites that CSUF sends you to get hands on training are amazing...”

Besides teaching part time, Prof. Tran does clinical work full time for Pacific Child Family Associates (PCFA). PCFA focuses their efforts on children diagnosed with Autism. Prof. Tran is involved in assessments of new clients where he works to determine the strengths and weakness of the autistic child, from there he establishes an intervention plan, and then supervises the behavioral therapy process that occurs.

Prof. Tran feels clinical work and teaching go hand-and-hand. “I like the mixture of teaching and clinical work. Being involved in both

helps make my work week more exciting. I go from being in the classroom to out in the field. I see the connection about what I teach my students happening in real life...It's nice to have my hands in both worlds, because I can see how the principles apply to the real world and I am able to demonstrate that what my students are learning actually mean something in the real world.”

When asked if he had any advice for student's thinking about graduate school, Prof. Tran said: “Before you decide to go to grad school, you really have to know what you want your end goal to be. What is it that you want to do when they are done with their education? Once you figure out what your career goals are, then it is easier for you to decide what path you want to take for graduate school.”

With all the commitments Prof. Tran is involved in, you would never guess what his dream job would be. When asked if he could have any other job in the world, Prof. Tran answered, quite promptly, “I'd be a professional hockey player.”

Tips to Keep Yourself Organized

By: Zahra Ahmady

Here are some ways to keep yourself organized.

- 1) Keep a planner to make note of events, assignments, important dates, etc.
- 2) Review and update planner daily.
- 3) Create a neat and distract-

tion-free environment to work and study.

- 4) Try not to overload yourself
- 5) Plan ahead! Try not to procrastinate!
- 6) Keep notebooks organized so that it is easy to find items when needed.

7) Know what resources are available to you and stay informed on a week-by-week basis.

On-Campus Resource

Career Center
 Location: LH 208
www.fullerton.edu/career/

University Learning Center
 Location: Pollack Library 2nd floor
www.fullerton.edu/ulc/

Academic Advisement Center
 Location: UH 123B
www.fullerton.edu/aac/

Writing Center
 Location: UH 123B
www.fullerton.edu/engl

Testing Center
 Location: UH 229
www.fullerton.edu/testing

Health Center
 Location: Health Center
<http://www.fullerton.edu/shcc/>



Where am I?

Psychology Peer Mentors Office	H-525B
Psychology Department Office	H-830M
Advisement Office	H-830J
Psychology Lounge	H-525B
Psychology Computer Lab	H-607

Peer Mentors Office Hours

Email: psycmentors@fullerton.com

Web: <http://psych.fullerton.edu/pm12/>

Phone: (657) 278-7538

	Monday	Tuesday	Wednesday	Thursday	Friday
9:00-9:30			Melanie		
9:30-10:00			Melanie		
10:00-10:30		Janelle		Allina	
10:30-11:00		Janelle		Allina	
11:00-11:30		Tina/Brian	Jose	Brian/Zahra	
11:30-12:00	Maria	Tina/Brian	Jose/Maria	Brian/Zahra	
12:00-12:30	Maria	Brian	Maria	Zahra	
12:30-1:00		Brian		Zahra	
1:00-1:30		Brian			
1:30-2:00		Brian			
2:00-2:30		Jose			
2:30-3:00	Edwin	Jose/Stacy	Edwin	Stacy	
3:00-3:30	Edwin	Jose/Stacy	Edwin	Stacy	
3:30-4:00	Edwin	Jose/Stacy	Edwin	Masako	
4:00-4:30	Edwin	Stacy	Edwin	Masako	
4:30-5:00	Daniela			Masako	
5:00-5:30	Daniela			Masako	
5:30-6:00					
6:00-6:30					
6:30-7:00					